

## Your community, your place.

There's not long to go now before the Christmas season is upon us. It's amazing how quickly the year has gone by. In the lead-up to the holiday, it would be helpful if you would remind your visitors that the limited parking space available in the villages is for tenants' use only. This will be greatly appreciated by fellow villagers and will ensure a harmonious start to the festivities.

You'll notice new 'Private Property' signage going up soon, which we hope will be useful in deterring strangers or other unsolicited callers who may be a cause for concern.

With the good weather around the corner (hopefully), the gardens and lawns are looking lovely. We've had many positive comments lately, and our contractors are working diligently to keep everywhere looking neat and tidy.

Roll on summer!



Gabby Clezy, Chief Executive Officer



### Spotlight on...

Roland Phillips, who joined us in August in the newly created position of Haumaruru Operations Manager. A member of Haumaruru's senior management team, Roland works alongside our various support teams and with the Community Managers to

ensure that we continue to provide a high standard of service to all our village communities.

Originally from South Africa, where he held senior roles in the health industry, Roland has worked in the New Zealand retirement and aged care sector since 2002 as both a Village Manager and Operations Manager.

When not at work, he loves sport, the great outdoors and time spent with his children and grandchildren. Family and church life bring Roland great joy, and Sunday evenings are a fun time for family and friends to gather at the Phillips' home to share in dinner and board games.

Roland is very much enjoying meeting with Haumaruru tenants, as he spends time in the villages. Do stop and say 'hello', when next you see him.

## Tea and dance at Gordon Court



Two special performance items by tenants of Milford's Gordon Court on 8 November commenced proceedings, when the village community came together for morning tea with Sam Farquhar from North Shore Neighbourhood Support.

Mrs Chang performed a dance in colourful cultural dress, while Mr Zeng accompanied her with a song. The second item was a song by Mrs Chang to honour a neighbour who had passed away suddenly in the previous week, which was then followed by a minute's silence.

Following the performances, tenants then spent time chatting to Sam and picking up tips on keeping safe and being aware of scams.

## What's for dinner?



Brian (left) and Lance.

Haumarū tenants from four West Auckland villages are brushing up on their cooking skills on a new, four-week 'JUST COOK 4 Healthy Ageing' course at Te Atatu South Community Centre.

This free cooking and nutrition skills programme is offered by the New Zealand

Nutrition Foundation. It aims to increase older people's motivation and confidence around cooking and to improve knowledge of nutrition and healthy eating.

Five places were offered to Haumarū Housing tenants, with transport to and from the sessions provided by the community minivans. Kaumatua Court's Brian Stebbing and Westview Village's Lance Laurie are very much enjoying the classes and the chance to meet new people in the wider community. Brian is already implementing his new-found cooking skills at home, whilst Lance has organised all his recipes and healthy eating advice sheets into new folders.

Improving nutrition enhances quality of life, so hurry into the kitchen and cook up a storm.

## Didn't we have a lovely day...

...the day we went to the Puhoi Valley Cheese Company. Tenants from Sunnynook's Cockayne Court and Milford's Stratford Court had a wonderful day out in the community minivans on 15 November. Basking in the beautiful sunny weather and the picturesque setting of the upper reaches of the Puhoi Valley, eleven tenants enjoyed lunch and ice creams at the café, before a spot of shopping for the award-winning European-style cheeses that are made on site. A convivial atmosphere, lots of laughs and good conversation made for a most memorable outing. Many thanks to the drivers, Haumarū's Amanda and Hanna and volunteer Greg, for making the day a lot of fun.



(From left): Lois Eagles, Sue Finlayson, Stephen Lomax, Orla Gee and Ailsa Fabre enjoying the day out.

## Out and about with Haumarū

Our schedule of minivan trips and outings is all part of Haumarū's wider service to you and is just one advantage of being a tenant with the largest Community Housing Provider that uniquely specialises in rental homes for older people. Designed to help tenants meet new people and get involved in activities in the local area, the service aims to enhance our tenants' overall wellbeing by increasing social connectedness.

Funded by Haumarū Housing, the minivan programme is delivered by The Selwyn Foundation and is an example of the additional opportunities for tenants which we organise through our partnerships with other service providers.

If you'd like to find out about our upcoming schedule of excursions, please speak to your Community Manager.

## Let us have your feedback

Everyone will have received details of the maintenance that's been carried out in your village in the last quarter, which is part of our commitment to keep you updated on things happening in your community.

A gentle reminder to please fill in a Maintenance Feedback form, each time our contractors do any repairs or maintenance jobs for you. It'll just take a few minutes to share your thoughts on the work completed and your satisfaction with the result. Then pop the Freepost form back in the post to us.

We appreciate all your feedback, which has been overwhelmingly positive to date, as it will help us further improve our service to you.

We always appreciate your feedback. You can talk to your Community Manager, call us on 0800 430 101, email [info@haumaruhousing.co.nz](mailto:info@haumaruhousing.co.nz) or visit [www.haumaruhousing.co.nz](http://www.haumaruhousing.co.nz)

The Selwyn Foundation



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